



David G. Tumbas, MS, ATC, PES
Director
Athletic Training and
Development

UPMC Center for Sports Medicine
3200 South Water Street
Pittsburgh, PA 15203
412-432-3770
Fax: 412-432-3774

May 15, 2009

Dear Athletes and Parents,

The Center for Sports Medicine of UPMC will offer to area high schools **one date** for preparticipation physical examinations for the upcoming 2009-2010 fall, winter, and spring sport seasons. This is due to the PIAA rule changes, which state that only one sports physical per school year is needed for the athlete to participate in their selected sport(s). The physicals will be held at the Sports Medicine Complex at 3200 S. Water Street in the South Side of Pittsburgh. The date is:

Saturday, August 1, 2009 beginning at 8:00 am

The physical examination will consist of a medical evaluation and orthopaedic screening specific to the demands of the chosen sport. The completed physical examination will be sent to your school's athletic trainer by the following week to be evaluated. The physical examination is only \$30 for UPMC contracted school and \$35 for non-contracted schools.

****You must call and schedule an appointment** by calling the Center for Sports Medicine at 412-432-3770. Without an appointment we cannot guarantee you will be seen by a physician. Payment is by **cash or check only!** Checks should be made *payable to UPMC Presbyterian Shadyside*. **Phone calls and messages are not answered the day of physicals.** Thank you for your cooperation!

Sincerely,

Wendy Hart, MS, ATC
Clinical Athletic Trainer II
Center for Sports Medicine